

## Wales Carers Alliance Members Directory: MAY 2024

Organisation name	<b>Adferiad</b>
Website	<a href="https://adferiad.org/">https://adferiad.org/</a>
Email	info@adferiad.org
Phone number	South Wales 01792 816600 North Wales 01492 863000
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>Adferiad’s Carers Services support unpaid carers who take care of loved ones dealing with mental health, substance use, and physical health issues. Our goal is to provide personalised support to each carer, both individually and in group settings, while promoting their empowerment and independence.</p> <p>Our services, which are delivered across Wales include.</p> <ul style="list-style-type: none"> <li>• Carers Respite Services</li> <li>• Carers Assessment services</li> <li>• Community Outreach</li> <li>• Information, Advice, and Guidance</li> <li>• Carers Newsletter</li> <li>• Training on Carers Issues</li> <li>• Carers Café based in hospitals.</li> <li>• Carers Card Schemes</li> <li>• Carers Groups</li> <li>• One to One Support</li> <li>• Small grants and Amser funding for respite breaks</li> </ul>
Any other relevant information	

Organisation name	<b>Age Cymru</b>
Website	<a href="http://www.agecymru.org.uk">www.agecymru.org.uk</a>
Email	<a href="mailto:enquiries@agecymru.org.uk">enquiries@agecymru.org.uk</a> / <a href="mailto:advice@agecymru.org.uk">advice@agecymru.org.uk</a>
Phone number	General enquiries: 029 2043 1555 Advice: 0300 303 44 98 (charged at local rate)
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>Age Cymru is the national charity for older people in Wales and we're here when we're needed the most. More than ever before, older people are facing some of the hardest challenges imaginable. Some live in poverty or can't get the basic care they need to live with dignity. Sadly, older people often have to face these issues with no-one to help or support them – loneliness is a daily struggle when you only have the TV or radio to keep you company. Our <b>vision</b> is a society which offers all people in Wales the best experience of later life. Older people are valued, included and able to shape decisions affecting their lives. Our <b>mission</b> is to improve the lives of older people by delivering trusted advice, support and services. We use our knowledge, insight and experience to influence policies and decisions affecting older people.</p> <p>We are here for older people when they need us. Together with our local partners we provide information and advice; we deliver wellbeing programmes, provide independent advocacy, support carers, campaign and research. Please visit our website to understand the breadth of our work: <a href="http://www.agecymru.org.uk">www.agecymru.org.uk</a></p> <p>Your local Age Cymru helps with things like befriending, transport, filling in forms, advocacy, social activities, exercise classes and much more. Each local Age Cymru partner is an independent charity. We work together to promote the well-being of older people through national and local campaigns, through our policy influencing, our healthy ageing work, by fundraising and through our range of products and services.</p> <p>Age Cymru Dyfed 03333 447874          Age Cymru Gwent 01633 763330          Age Cymru Gwynedd a Môn 01286 677711          Age Cymru Powys          South Powys 01597 825908          North Powys 01686 623707          Age Cymru West Glamorgan 01792 648866</p>
What carer specific support do you offer?	Age Cymru and Carers Trust Wales are working in partnership to develop person-centred service models to identify, and better meet

the needs of older carers and carers of people living with dementia, funded by the Welsh Government Sustainable Social Services Third Sector Grant. Full details can be found at

<https://agecymru.org.uk/carers>

Through our national advice line and accompanying resources we are on hand to offer information and advice to carers about a variety of related topics. This can be in the form of practical, emotional or financial support. We have a specific Advice for Carers information booklet that covers all the basics and our expert team of advisers are also on hand via the advice line for more in-depth and personal support to anyone who looks after an older person

Organisation name	<b>Alzheimer's Society</b>
Website	<a href="#">Alzheimer's Society</a>
Email	Email via online <a href="#">Enquiries Form</a>
Phone number	0330 333 0804 (Fundraising and general enquiries)  0333 150 3456 (Dementia Support)
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p><a href="#">Dementia Support Line</a> (Dementia Connect Service): National advice and support</p> <p><a href="#">Types of Dementia</a> (Online Advice &amp; Support Resources)</p> <p><a href="#">Care Guidance</a> (Online Advice &amp; Support Resources)</p> <p><a href="#">Independent Living</a> (Online Advice &amp; Support Resources)</p> <p><a href="#">Legal &amp; Financial</a> (Online Advice &amp; Support Resources)</p> <p><a href="#">Carers Information and Support Programme</a> (CrISP): By region (Online &amp; In-Person Groups)</p> <p><a href="#">Live Well with Dementia Programme</a>: By region (specifically for people newly diagnosed with dementia)</p> <p><a href="#">Singing for the Brain</a> (Music Activity Group): By region (Online &amp; In-Person Groups)</p> <p><a href="#">Dementia Café</a>: By region (Online &amp; In-Person Groups) Dementia Cafés and Activity Groups for people with dementia and their Carers: various locations across South Wales (widely delivered across South Wales)</p> <p><a href="#">Dementia Voice Group</a> (service-user involvement): All-Wales (In-Person)</p>
Any other relevant information	For more information about which services are available in each region, please contact the general enquiries contact number: 0330 333 0804

Organisation name	<b>Care &amp; Repair</b>
Website	<a href="http://careandrepair.org.uk">Care &amp; Repair   Improving Homes, Changing Lives (careandrepair.org.uk)</a>
Email	enquiries@careandrepair.org.uk
Phone number	02920 107580
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>Care &amp; Repair are Wales’ older people’s housing champions. Since 1979 we have been advocating for safe, accessible, affordable housing for older people in Wales that meets their needs. We provide support to older people aged 60+, or 50+ if the client is living with sensory loss, the effects of a stroke or dementia.</p> <p>In 2022-23, we provided support to over 64,000 people across Wales with <a href="#">home adaptations</a>, <a href="#">facilitating quick hospital discharge</a> into a home that is safe, and <a href="#">providing specialist support for people living with sensory loss</a>.</p> <p>We operate across all 22 Local Authorities out of 13 Agencies, so every older person has a local Agency. Your local Agency can be found <a href="#">here</a>. Agencies are able to provide a range of services including welfare benefits checks and income maximisation support, undertake a Heathy Homes Check to analyse homes for hazards and risks, offer a Handyperson service for simple maintenance and repair jobs, and signpost clients to other support services where necessary.</p> <p>We work with <a href="#">a range of stakeholders</a> including Welsh Government, local authorities, local health boards, third sector organisations, trusts, energy companies and private companies to help and support older people to live independently in warm, safe and accessible homes. This enables us to offer a holistic and comprehensive service, and ensure that older people in Wales are living in homes that are warm, safe, accessible and empowering.</p>

Organisation name	<b>Carers Wales</b>
Website	<a href="https://www.carersuk.org/wales">https://www.carersuk.org/wales</a>
Email	<a href="mailto:info@carerswales.org">info@carerswales.org</a>
Phone number	02920 811370
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>All-Wales Unpaid carers</p> <p>(Advice/Helpline) Our team is here to help with <a href="#">information, advice and wellbeing support</a>. Our telephone helpline is available on 00800 808 7777 from Monday to Friday, 9am – 6pm or contact us by email <a href="mailto:advice@carersuk.org">advice@carersuk.org</a>/ <a href="mailto:info@carerswales.org">info@carerswales.org</a></p> <p>(Online support) <a href="#">Our online hub</a> has information and resources, including videos, available at any time. <a href="#">Me Time sessions</a> offer a wide range of activities to support carers with their wellbeing.</p> <p>(Publications/resources) We <a href="#">offer free bilingual guides and resources</a> on a variety of topics</p> <p>(Support for carers in the workplace) We are passionate about promoting the <a href="#">rights of carers in work</a> and encouraging employers to develop and implement policies and practices that support carers</p> <p>(Training and events) We regularly run training and events for carers and professionals. These include returning to the workplace, self-advocacy and carer representative training.</p>
Any other relevant information	<p>Carers Wales is part of Carers UK – the UK’s only national membership charity for unpaid carers. Founded nearly 60 years ago, our mission is to make life better for carers.</p> <p>By <a href="#">joining Carers Wales</a> you’ll gain access to our online forum, receive members newsletters from Carers Wales and Carers UK and hear opportunities to add your voice to the work we do.</p>

Organisation name	<b>Dementia Carers Count</b>
Website	<a href="#">Homepage   Dementia Carers Count</a>
Email	<a href="mailto:Info@dementiacarers.org.uk">Info@dementiacarers.org.uk</a>
Phone number	0203 540 0700
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>Dementia Carers Count (DCC) supports the emotional and practical needs of dementia carers across the UK.</p> <p>We offer a free carers support line to anyone caring for someone with dementia. As a carer you can talk about anything you want with an expert who will listen to you and offer specific help and support tailored to your current needs and circumstances. This might be emotional support and counselling or guidance with practical and financial matters. Carers can call Mon-Fri 9am to 5pm: 0800 652 1102.</p>

Organisation name	<b>Learning Disability Wales</b>
Website	Ldw.org.uk
Email	<a href="mailto:enquiries@ldw.org.uk">enquiries@ldw.org.uk</a>
Phone number	02920681160
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>We are a National membership non profit organisation who are working to make Wales to be the best country for a person with a learning disability to live.</p> <p>We offer the following services:</p> <ul style="list-style-type: none"> <li>Training and Events</li> <li>Policy and communications team</li> <li>Member support</li> <li>Project support</li> <li>Information</li> <li>Shared community for learning disability</li> </ul> <p>We have a phonenumber but we usually signpost people who call us to the appropriate service as we are not a service provider. We cover the whole of Wales and advocate for people of all ages.</p> <p>We hold an annual conference at the end of each year where detail what we achieved during the year. We are also joined by guest speakers, drama actors and more.</p> <p>Also, we offer inhouse training to organisations. These include, learning disability awareness training, easy read training etc.</p>



Organisation name	<b>Macmillan Cancer Support</b>
Website	www.macmillan.org.uk
Email	contact@macmillan.org.uk
Phone number	<b>0808 808 00 00</b>
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>We're here to help everyone with cancer live life as fully as they can, providing physical, financial and emotional support. So whatever cancer throws your way, we're right there with you.</p> <p>Support line – 0808 808 0000</p> <p><a href="#">Online Community</a>  <a href="#">Support Groups in Your Area</a>  <a href="#">Cancer Information and Support</a></p> <p>If your partner, family member or friend has cancer, there can be a lot to think about when you are caring for them. We have information and support for carers on our website, including:</p> <p><a href="#">Looking after someone with cancer</a>  <a href="#">Practical support for carers</a>  <a href="#">Emotional support for carers</a>  <a href="#">Financial support for carers</a>  <a href="#">Being a young carer</a></p> <p>We also have a <a href="#">carers only forum</a> in our online community where you can find support and chat with people in similar situations.</p>

Organisation name	<b>Marie Curie</b>
Website	<a href="https://www.mariecurie.org.uk/who/what-we-do/en">https://www.mariecurie.org.uk/who/what-we-do/en</a>
Email	<a href="mailto:support@mariecurie.org.uk">support@mariecurie.org.uk</a>
Phone number	Tel: 0800 090 2309
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p><b>Support Line</b>  Call our Support Line on 0800 090 2309 for practical or clinical information and emotional support if you're living with or caring for someone who has a terminal illness, or have experienced a bereavement, whatever your situation. No one is turned away, so please do not hesitate calling if you need any kind of support.</p> <p><b>Hospice care at home</b>  There are around <a href="#">150 Marie Curie Nurses</a> working in Wales, caring for around 2,400 terminally ill people and their families in their homes each year.</p> <p><b>Hospices</b>  The Marie Curie Hospice, <a href="#">Cardiff and the Vale</a>, Penarth, cares for around 1,000 people each year, including people staying in the hospice and those coming in for the day to use the services.</p> <p><b>Day services</b>  Marie Curie Wales Day Service is available to any adult affected by a terminal illness. You don't have to be staying in our hospice, or accessing any of our services to receive support. Our day services are free for people living with a terminal illness and their loved ones. We have a range of sessions to choose from to support you, from carers' café's to complementary therapies. If you'd like more information or you'd like to register for a group, please phone <a href="tel:02920426046">029204 26046</a> or email <a href="mailto:WalesDayServices@mariecurie.org.uk">WalesDayServices@mariecurie.org.uk</a>.</p> <p><b>Wales Bereavement Information Support Service (BISS)</b>  Marie Curie and Diverse Cymru are working together to improve access to bereavement support in Wales. Through the <a href="#">Wales Bereavement Information and Support Service (BISS)</a> project, Marie Curie and Diverse Cymru will build on existing bereavement services provided by Marie Curie to make sure more people in Wales are able to get the support they need when someone dies.</p>

Organisation name	<b>MS Society Cymru</b>
Website	<a href="https://www.mssociety.org.uk/contact-us/wales">https://www.mssociety.org.uk/contact-us/wales</a>
Email	<a href="mailto:mscymru@mssociety.org.uk">mscymru@mssociety.org.uk</a>
Phone number	Tel: 0208 438 0700
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>Our MS Helpline provides emotional support and information to anyone living with MS. Available Monday to Friday, 9am to 7pm, except bank holidays.</p> <ul style="list-style-type: none"> <li>• MS Legal Advice service</li> <li>• MS Welfare benefits service</li> <li>• Moving More with MS</li> <li>• Befriending Service</li> </ul> <p>Online and face to face wellbeing activities Acceptance Commitment Therapy and counselling</p> <p>13 Local Groups throughout Wales.</p> <p>Breathing Space project for unpaid carers who support people living with MS – access Shortbreaks.</p> <p>The MS Society has an extensive library of free resources covering everything important to people affected by MS. These include information on:</p> <ul style="list-style-type: none"> <li>▶ Diagnosis</li> <li>▶ Treatments</li> <li>▶ Symptom management</li> <li>▶ Welfare</li> <li>▶ Research related to MS</li> </ul> <p>A full list of our publications can be found on our website. <a href="https://www.mssociety.org.uk/care-and-support/resources-and-publications">www.mssociety.org.uk/care-and-support/resources-and-publications</a></p>

Organisation name	<b>Oxfam Cymru</b>
Website	<a href="https://oxfamapps.org/cymru/">https://oxfamapps.org/cymru/</a>
Email	<a href="mailto:oxfamcymru@oxfam.org.uk">oxfamcymru@oxfam.org.uk</a> <a href="mailto:hturkmen1@oxfam.org.uk">hturkmen1@oxfam.org.uk</a>
Phone number	07587182519
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>Oxfam Cymru focuses on raising awareness about unpaid care, the value of domestic labour, and the relationship between care and poverty. To achieve these objectives, Oxfam Cymru collaborates with other organisations and coalitions and joins and supports campaigns.</p> <p>We carry out policy influencing and advocacy work in Wales while building strong relationships with policy and decision-makers.</p> <p>As part of our advocacy work, we publish reports and resources.</p>
What carer specific support do you offer?	We support carers organisations. We do not offer direct support to carers on an individual level.
Any other relevant information	

Organisation name	<b>Parkinson's UK Cymru</b>
Website	<a href="https://www.parkinsons.org.uk/about-us/parkinsons-uk-cymru">https://www.parkinsons.org.uk/about-us/parkinsons-uk-cymru</a>
Email	<a href="mailto:wales@parkinsons.org.uk">wales@parkinsons.org.uk</a>
Phone number	tel:020 7963 3600
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>● Advice / Helpline</li> <li>● Face to face support</li> <li>● Online support</li> <li>● Publications/resources</li> <li>● Counselling</li> <li>● Advocacy</li> </ul>	<p>Parkinson's UK offers <a href="#">information and support</a> to people living with Parkinson's as well as their family, friends and those who care for someone with Parkinson's.</p> <p>We support people at every stage of their Parkinson's journey from diagnosis onwards.</p> <p>Our free confidential helpline is 0808 800 00303 or email: <a href="mailto:hello@parkinsons.org.uk">hello@parkinsons.org.uk</a></p> <p>Our trained advisers, including specialist Parkinson's nurses, can provide information and advice about all aspects of living with Parkinson's, such as:</p> <ul style="list-style-type: none"> <li>● medical issues, including symptoms and treatments</li> <li>● employment and benefits</li> <li>● health and social care</li> <li>● emotional support</li> <li>● local activities</li> <li>● signposting to other sources of inform</li> </ul> <p>They can also put you in touch with a Parkinson's adviser if you need more local or in-depth support. We have a team of Parkinson's Advisers</p> <p>We have more than 30 <a href="#">local groups across Wales</a> providing support to people living with Parkinson's.</p> <p>Our website provides a wealth of information about <a href="#">Parkinson's</a> and <a href="#">Parkinson's symptoms</a> as well as <a href="#">treatment and therapies</a>.</p>
Any other relevant information	<p><a href="#">Research</a> - Parkinson's UK influences and funds groundbreaking research to advance understanding of Parkinson's and improve treatments.</p> <p><a href="#">Campaigning for change</a> - we raise awareness, change perceptions and work in partnership to deliver better services.</p> <p>There are plenty of opportunities to <a href="#">get involved</a> in this work or by <a href="#">volunteering</a> or <a href="#">fundraising</a> for us.</p>

Organisation name	<b>Stroke Association</b>
Website	<a href="https://www.stroke.org.uk/">https://www.stroke.org.uk/</a>
Email	helpline@stroke.org.uk
Phone number	0303 3033 100
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p><b>Advice and Helpline</b> - 0303 3033 100</p> <p><b>Face to face support</b></p> <ul style="list-style-type: none"> <li>- We have Stroke Association support groups across Wales.</li> <li>- We also support 31 independently run groups.</li> <li>- We now hold three group local forums per year: one in north Wales, one in South East Wales and one in South West Wales.</li> </ul> <p>For more information please visit <a href="https://www.stroke.org.uk/finding-support/stroke-support-groups">https://www.stroke.org.uk/finding-support/stroke-support-groups</a></p> <ul style="list-style-type: none"> <li>- We are commissioned by five of the seven Local Health Boards (LHBs) and two Local Authorities in Wales to provide a Life After Stroke Service, which involves support through a variety of methods and includes face to face support following an assessment of need.</li> <li>- We have peer support opportunities with bespoke activities to increase confidence and reduce feelings of social isolation.</li> <li>- In some Health Board areas, we facilitate commissioned groups to provide communication and peer support post stroke.</li> <li>- We run two Neuro-cafes in partnership with Parkinson’s, Headway, MS Society and Epilepsy UK with plans to open more.</li> <li>- We joined forces with Mind Cymru to scope out and test a model of mental health support for people affected by stroke</li> </ul> <p><b>Research</b></p> <ul style="list-style-type: none"> <li>-The Stroke Association provide funding for research projects, the most recent in 2023 through Cardiff University to understand which factors affect peoples’ ability to complete patient-reported outcome measures after a stroke.</li> <li>- We are launching the findings of our research on Welsh language support for people who have had a stroke at the National Eisteddfod in August 2024.</li> </ul>

	<p>- We are currently working with Health and Care Research Wales to evaluate the cost benefits of life after stroke services to the health and social care system.</p> <p><b>Online support</b> Peer to peer, Welsh speaking, gentle exercise, working age, younger person, campaigns and involvement groups.</p> <p><b>Publications/resources</b> Provide accurate and accessible health information for stroke survivors, carers, friends and family. For more information please visit: <a href="https://www.stroke.org.uk/our-publications">https://www.stroke.org.uk/our-publications</a></p> <p><b>Advocacy</b> We advocate for and support people to voice their experiences directly to Welsh Government, the Senedd and within the health and social care sector in particular. We also have a Wales Advisory Group (stroke professionals, stroke survivors, a former Member of the Senedd, third sector partners and volunteers) and a close working relationship with <a href="#">Stroke Hub Wales</a>.</p> <ul style="list-style-type: none"> <li>- We have a campaigns network of 225 members for people to have a voice locally in decisions that affect them.</li> <li>- Wales involvement group, which informs the direction of our work and help to shape our priorities in Wales, with their insights key to the planning and delivery of services and future projects.</li> </ul>
Any other relevant information	<p>Please get in touch with us for more information:</p> <p>Katie Chappelle – Director for Wales katie.chappelle@stroke.org.uk</p> <p>Llinos Wyn Parry – Engagement and Involvement Lead llinoswynparry@stroke.org.uk</p> <p>Lynn Preece – Service Delivery Lead lynn.preece@stroke.org.uk</p> <p>Angela Contestabile – Policy and Influencing Lead angela.contestabile@stroke.org.uk</p>

Organisation name	<b>Tenovus Cancer Care</b>
Website	<a href="https://www.tenovuscancercare.org.uk/">https://www.tenovuscancercare.org.uk/</a>
Email	info@tenovuscancercare.org.uk
Phone number	029 2076 8850
<p>Services offered to service users (no more than 250 words)</p> <p>Please include a summary of the following types of support offered and any requirements regarding access e.g. All-Wales, specific age groups etc?</p> <ul style="list-style-type: none"> <li>• Advice / Helpline</li> <li>• Face to face support</li> <li>• Online support</li> <li>• Publications/resources</li> <li>• Counselling</li> <li>• Advocacy</li> </ul>	<p>Tenovus Cancer Care’s free nurse-led support line is open 365 days a year:  <b>0808 808 1010</b>  <a href="https://www.tenovuscancercare.org.uk/support-and-information/get-support/nurse-led-support-line">https://www.tenovuscancercare.org.uk/support-and-information/get-support/nurse-led-support-line</a></p> <p>An online "Ask the nurse" service:  <a href="https://www.tenovuscancercare.org.uk/support-and-information/get-support/nurse-led-support-line/ask-the-nurse">https://www.tenovuscancercare.org.uk/support-and-information/get-support/nurse-led-support-line/ask-the-nurse</a></p> <p>We have a team of Benefits Advisors for people affected by a cancer diagnosis. Call our free Support Line 0808 808 1010, or use our online "Ask the Advisor" form:  <a href="https://www.tenovuscancercare.org.uk/support-and-information/get-support/money-matters-and-practical-support/ask-the-advisor">https://www.tenovuscancercare.org.uk/support-and-information/get-support/money-matters-and-practical-support/ask-the-advisor</a></p> <p>We accept referrals by identified health care professionals and provide counselling support for anyone living in Wales, aged over 18, experiencing difficulties with a cancer diagnosis:  <a href="https://www.tenovuscancercare.org.uk/support-and-information/get-support/counselling">https://www.tenovuscancercare.org.uk/support-and-information/get-support/counselling</a></p> <p>We have online information concerning all our services on our website:  <a href="https://www.tenovuscancercare.org.uk/support-and-information/get-support">https://www.tenovuscancercare.org.uk/support-and-information/get-support</a></p> <p>There is also information about cancer on our website:  <a href="https://www.tenovuscancercare.org.uk/support-and-information/information-about-cancer">https://www.tenovuscancercare.org.uk/support-and-information/information-about-cancer</a></p> <p>We launched our All-Wales Cancer Community in 2022. People affected by cancer can join and are given opportunities to have a say on cancer research, services and policy:  <a href="https://www.tenovuscancercare.org.uk/campaigning-and-influencing/all-wales-cancer-community/about-the-all-wales-cancer-community">https://www.tenovuscancercare.org.uk/campaigning-and-influencing/all-wales-cancer-community/about-the-all-wales-cancer-community</a></p>



